

### **Materials List:**

- Sewing machine, cleaned and oiled and in good working order, with normal - sewing feet, extension cord & universal needles.
- neutral sewing thread – I prefer mercerized cotton.
- Batting: approx 1 – 1 ½ x 1 m to use as design wall.
- Pins, rotary cutter, mat and plastic ruler (of your choice)
- Fabric and paper scissors
- notebook with pens or pencils
- Fabrics: bring those that suggest the feel and flavor of Africa to you. You may work in earth colors, African indigo or the brights of modern urban Africa. Bring solids, hand-dyes or almost solids, bold African prints, stripes, checks and visually textured fabrics in a good range of tonal values and some strong contrasts.
- Pure cotton is good, but you may include some specialty African fabrics like mud cloth.

### **Optional**

- Iron-on Fusible of your choice (Steam-a-seam, Wonder Under, etc).
- hand applique needles
- embroidery threads in a variety of colors and weights
- embroidery scissors
- beads

### **Preparation**

Look at every book you can find on African textiles to get the feel and look of the colors. Collect images and ideas and bring those you like to class for a great African experience

Pure cotton is good, but you may include some specialty African fabrics like mud cloth.