Supplies

Cutting mat at least 24” x 36”
Rotary cutter
Fabric scissors
Pins, seam ripper
Sewing machine with a regular foot, the usual sewing supplies

Fabrics

Fabrics should cover the full range of light, medium and dark.

Bring five one-gallon size storage bags of fabric scraps, none larger than 3” x 3”.
Bring 5 to 10 fat quarters in a range of light to dark
Bring a quantity of yards, with a good range of light to dark. Try out some large scale prints if you have them, or some artist-made fabrics.