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Hand Stitching: Forming Discarded Fabric Into Intimate Sculptural Art

2021 QSDS 5 day class

Supply List

- Fabric:
 - anything you are willing to cut up such as old clothes, fabric scraps, bedsheets, etc. Try to gather a variety of patterns, textures, and weight, and type of fabric. Having some sheer and gauze materials would be great.
 - Wool sweaters, washed in hot water in your washing machine- this will shrink and felt the material. Thrift stores are an excellent source.
 - Plain white fabric. I use old bed sheets
- Notions:
 - Buttons
 - Beads
 - Sewing thimble
 - Straight pins
- Thread:
 - A variety of colors of embroidery thread
 - Dual duty thread, black and white
 - Yarn, optional
- Needles:
 - Long doll needles a pack of 3 with different lengths
 - One set of assorted needles
- Permanent markers
 - A variety of colors
 - Ultra fine point black sharpie marker
- Scissors
- Rubbing alcohol
- Watercolor paint brush, inexpensive will do
- Card stock white paper
- Fiber fill, one bag

- Parchment paper
- Iron
- Saved plastic bags:
 - shopping bags from grocery stores and retail stores, Target bags are great
 - Frozen vegetable plastic bags
- Needle nosed pliers, not essential but very helpful