

Walk With Me

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2022 QSDS 2 Days

GETTING READY TO WALK

Take note of where and how you walk every day! What do you walk around in your bedroom when you wake, in your kitchen, around the rest of your house? Do you step slowly and carefully, or stride freely around your yard or neighbourhood? Do you stop, or backtrack? What makes you stop and how do you navigate around your furniture, shops or neighbourhood? Make a rough plan of these movements and steps that you can develop.

CLASS SUPPLIES

NOTE: you may choose to work by hand, by machine or both.
Choose your supplies accordingly

Sewing machine; cleaned, oiled and in good working order. Bring manual and knee lift (if your machine has one). Extension cord with appropriate adaptor/multiplug. Normal feet for your machine. You may not use them all but have them there in case.

Machine needles. Universal (Schmetz 80) for regular sewing, Schmetz Schmetz 90 for thicker threads, Metallic for metallic threads, , Schmetz embroidery. Optional: twin needles.

Sharp pins, sharp embroidery scissors, Fabric marking pen / pencil.
Rotary cutter with sharp blade, cutting mat
Plastic rulers of your choice

Thread: machine thread in a variety of weights. You can choose to work in a limited color palette but have variety within that palette. Look for different weights and thicknesses. Optional special threads such as metallic, rayon

Hand work threads of different weights including perle cotton, stranded embroidery floss in colors of your choice. This will be used for stitching or emphasizing your walking route, so it needs to include contrast color.

A variety of needles to accommodate the thickness of your threads.

Optional: cords that look exciting and you feel can add to your design

Notebook. Pen, pencil, or other writing or drawing tools.

Optional: fusible of your choice, stabilizer

Books, pictures, maps or plans (your own or from other sources)

Optional: Desk lamp, A cushion (especially for shorter people like me!)

FABRIC:

The exciting part!

Plan on making your work about one yard wide and 1 ½ yds long, though your walk may make it bigger!

First choose a color palette that best suits your mood and feelings about your walk. You will be stitching and/or appliqueing on your background. This background will either a whole cloth background (plain, patterned or hand-dyed), or a simply pieced or appliqued background for your stitched walk.

Remember the thread or applique strips will be the focal interest, so pay attention to the light, medium and dark value as you will be stitching on this background. You may wish to include a variety of hand-dyed and commercial fabrics, solid colors, subtle and/or strong textural prints, tone-on-tone prints.

100% cotton is advisable but you may choose to use some specialist fabrics like wool, tweed, linen, felt, silks, sheers or velvets that might add subtle differences and enhance the design and composition of your walk.

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