

## Start with Dark

**Materials List:** Questions? Contact [patpaulart@gmail.com](mailto:patpaulart@gmail.com)

### **Equipment: (put your name on everything if you can)**

Old clothes to wear, apron, rubber gloves

Dust mask N95 if possible

2 Table sized pieces of plastic

Something to pad table for printing 3' x 8 (Old cotton batting, felt underlayment, soft smooth foam, etc.)

Small 2-3 gallon bucket

4-5 towels (cut to washcloth size) or washcloths

Small high density foam paint roller 4-6", large foam paint roller about 8"

4 Wide scrapers 4 – 6" or better -- Bondo brand putty scrapers from the paint department of home supply store, or wall paper smoothing tool (about 6" wide)

About 8 long handled spoons – to stir dye

Partial Roll of blue masking tape

Roll Duct tape for taping silkscreens

Two sharpie markers

1 foam Brush 3-4" wide

6-10 Yogurt or plastic food containers with lids (quart size is best),

1 squirt bottle with small hole for drawing with thickened dye

2-4 pieces cardboard (recycled cardboard from boxes) about page size or larger

Scissors for cloth and paper

Notebook, pencil/pen

Camera, phone camera, or something to remember processes!

**Things for printing:** 1-2 yards of string, stencils, cutouts from plastic. Don't buy anything, just look for objects that are slightly raised surface (like under 1/16").

**Silk screens** (2 or more) 18" X 24" or similar size. (order from Dick Blick

<http://www.dickblick.com/products/blick-cord-stretched-frame-with-110-monofilament-polyester-mesh/>) or purchase \$30 from Pat Pauly

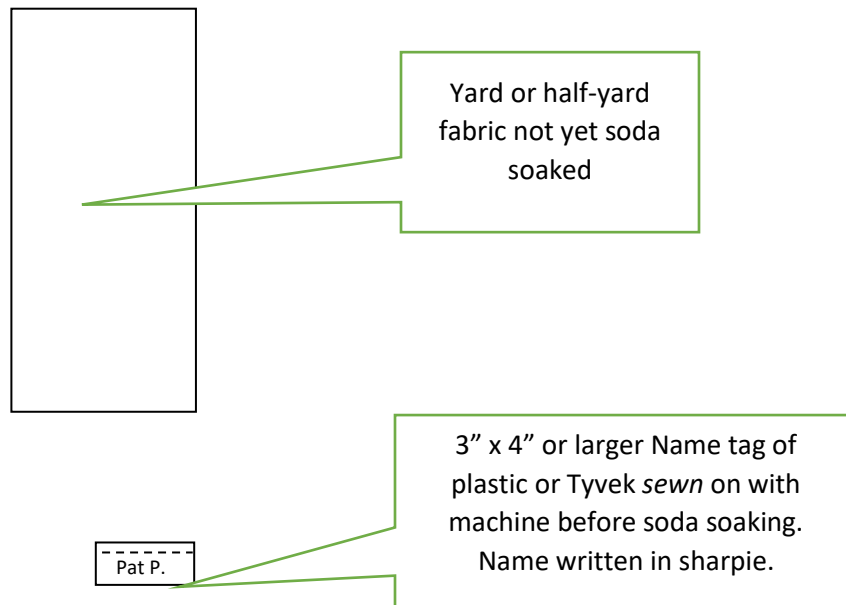
**Fabric: 10 yards minimum**, cut in ½ to 1 yard pieces (feel free to bring more like 10-20 yards) of pfd 100% cotton. I order from Test Fabrics #419 or #400M. Call for prices and availability. May also use

other than cotton like linen, shirt weight silk, lightweight canvas, predyed cottons for experimentation. No thin fabrics like gauze.

**To prepare fabric for printing for this class:**

1. **This is really important!** BEFORE SODA SOAKING YOUR FABRIC (step 2) **Sew tags with a sewing machine (not pinned or stapled) to your fabric** with tyvek (old US mail envelopes, add in sharpie marker your *first name and last initial* .

These tags should hang off one corner, can be larger than 3" x 4", but not smaller.



2. **Soda Soak** Make ahead of class, soda soak your fabric. In a large bucket add one gallon warm water to one cup sodium carbonate (soda ash), add fabric loosely (a few pieces at a time) to this solution and soak 15 minutes or more. Ring out by hand, hang on a line to dry, **do not dry in dryer**. Here's a tip: after soaking, ring by hand slightly, then place in the bottom of a laundry tub or bathtub or shower, or similar (I've even used an empty bucket) to let "drain" for a while or overnight, and then when hanging up fabric there is a minimal drip of soda ash solution. Don't worry about wrinkles! We'll talk about how to deal with that, so ironing isn't necessary.