

# GESTURAL INSPIRATIONS

## 2-day workshop

Most of our work will be done with paper and pen. But for those of you who want to experiment with stitch please bring these supplies.

### **SEWING MATERIAL LIST** (optional)

Do you want to do this with your sewing machine? Bring it on!

- A sewing machine with the ability to do free-motion quilting.
- Machine quilting needles for your machine, size 12, 14 and 16. Topstitch needles often work best.
- Kona cotton fabric in solid colors, cut into 14" squares
- Backing fabric, pre-washed and ironed (your choice, patterned or solid) cut into 14" squares
- Batting: your favorite brand cut into 14" squares (try a variety)
- Thread: I prefer YLI brand, one each of black one of white but any 40 wt. thread is best for the techniques we will learn. It is important that the lines you will stitch are very visible. Thinner thread tends to disappear into the fabric.